

Email: reliefprojects@gmail.com
Website: www.reliefprojects.org
Phone: +91 97902 68894 / 98846 31622

Mountain View School and SHE centre:
Ambasamuthiram Main Road
E. Puthupatti, Dottappanayakanur Post
Usilampatti Taluk
Madurai District, 625 532

ANNUAL REPORT 2019

The annual report of Relief Projects India contains the activities and impact of the programs conducted during the period of January 2019 to December 2019. In 2019, RPI has extended the service boundary and reached different people in different villages, institutions and colleges. Awareness programs, camps, medical activities, events, celebrations and various social activities were done. The aim of these activities is to reach the goal of RPI which is to develop the women and children in the community by providing health and education services.

In addition, two classes were added to Mountain View Nursery and Primary School, bringing to total number of students to 185.

Compiled by

M. Nelson Chandrasekar

General Manager

Relief Projects India

Content

- Awareness programs
- Camps
- Training and Meetings
- Education and nutrition support
- Events
- Celebrations
- Referral services
- Visits and feedbacks
- Impact

Programs and Participants

Sl.no	Awareness Programs	No of programs	Total participants
1	Child protection awareness	1	125
2	PNC/Healthy baby contest	3	121
3	Drug awareness	2	76
4	HIV/TB	6	320
5	Women health awareness	2	80
6	Dengue awareness	2	230
7	Community Health awareness	1	40
8	Adolescent health awareness	4	455
9	Student health awareness	2	75
	CAMPS		
10	Eye camp	1	121
11	Summer camp	1(6 days)	180
12	Medical camp	2	620
13	Nutrition awareness	1	135
14	Adolescent HB camp	1	115
15	Cervical cancer camp	1	111
	Training and Meetings		
16	ICDS staff Training	1	102
17	Parents Meeting	2	160
18	Staff Meeting	7 x 16 staff	112
	Education and Nutrition support		
19	Free Tuition	6	320 x 280 days
20	Anganwadi	6	90 x 52 days
21	Nutrition support for underweight kids	3	4
22	Education support materials distribution	6	320

AWARENESS PROGRAMS

Child Protection awareness



It was observed that news about child abuse is coming often in the medias. Not only abuse, but also the issues like early marriage, school dropouts and lack of health seeking behaviours are also the problems in the community. To increase awareness in the community about such issues, RPI has arranged an awareness program in Dhottappanayakkanur jointly with Madurai District Child protection Unit on 20.07.19. The counsellor, Mrs.Shobana and a social worker conducted the program with a powerpoint presentation. The village leaders, Anganwadi workers and the volunteers organised the program. 125 women attended the program. The formal welcome was given by the General Manager of RPI who also honoured the special guest and village leaders.

The real case studies and incidences that happened in various places were shared with the participants. In most cases the victims are abused by the close relatives and neighbours. So we should inform children about good and bad touch. The parents should spend time with their children and interact with them. If they gained the confidence of the children, they will share everything to the parents. Also discussed about the physical and mental effects of children on early marriage. The school drop-outs is another reason for child labour and early marriage. Also, the parents should encourage the children to continue their education. IEC materials were distributed to the participants.

Healthy baby contest



Healthy baby contest is part of the meeting to increase the knowledge of mothers concerning health and childcare. Three programs were conducted in the villages. 121 PNC mothers and their family members participated in the programs with their children. ICDS staff and RPI Directors attended the program in Karukattanpatti anganwadi centre. A quiz was conducted on prenatal nutrition, contraception and childcare. The importance of the health mothers and children, immunizations, maternal feeding, hygiene, spacing and contraceptive methods were discussed in the meeting. The misconceptions about temporary contraceptives were clarified. The personal hygiene and weight of the children were observed. Based on the performance, the healthy babies were selected and prizes were given to the winners and all the PNC mothers to encourage them.

Drug awareness program



Alcohol and drugs spoil the community and the students. We addressed the fact that even the school-going students are taking locally available drugs. Two awareness programs on drugs and alcohol were conducted in villages. More than 76 men and boys participated in the program. The effects of smoking, alcohol and drugs were explained through a PowerPoint presentation. The counsellors from government health department joined in these programs. They shared their experience on handling the addicted persons and effect of drugs. The effects of drugs on the organs in the body was explained by pictorial

representation. It was explained that addiction is a disease and it can be cured by proper treatment and counselling.

Tuberculosis & HIV awareness



TB and HIV awareness programs were conducted in 6 villages. 320 males and females participated in these programs. The symptoms, prevention and treatment were included in the program. The TB symptomatic persons were identified and sputum collection container was given and referred to the government hospital for investigation and treatment. From TB department, the senior treatment supervisor gave information about symptoms and treatment of TB.

HIV awareness was conducted through PowerPoint to inform the community and the students in the colleges. World AIDS day was observed in the Solai Arts and Science college. More than 100 students participated in this program

Women's Health awareness

Women's health awareness programs were conducted in 2 villages, Maruthampatti and Ambasamuthiram. More than 80 women participated in the meetings. Health and hygiene and general health awareness were insisted in the programs. The importance of women's education and issues on early marriage was focused in the programs

Dengue awareness

The Health Inspector's health team and RPI jointly conducted 2 dengue awareness programs in our school and community. More than 230 members benefited through these programs. The dengue prevention by keeping a clean environment was insisted.



Community health awareness



A health awareness meeting was conducted at Kunuthupati. Health and hygiene and the health issues during the rainy season was explained. Dengue fever awareness and clean environment was also insisted. Nearly 40 people benefited from this program.

Adolescent health awareness

Four adolescent health awareness programs were separately conducted for boys and girls. More than 455 boys and girls participated in these programs. For girls, the importance of personal hygiene, and life skill awareness were explained. For boys, personal hygiene, good manners and importance of education was discussed. The programs were conducted in a nursing college, anganwadi centre and in the community.



Students awareness

Two awareness programs were conducted in Edayapatty and Dhottappanyakkanur for tuition students. The importance of education and health seeking behaviour and good manners were discussed in the meeting. More than 75 students participated in these programs.

Camps

Eyecamp

RPI and Madurai Aravind hospital jointly conducted the Eye camp on 12th October 2019. Totally 122 outpatients attended the camp. Among them 23 were fit for cataract surgery. They were referred to the Madurai Aravind hospital for surgery. 14 patients underwent surgery. All the outpatients came for various eye problems. RPI organized the camp by identify the needed persons by door to door interaction. We organised auto speaker announcement in all the villages and distributed the hand bills. Vehicle arrangement was made for the easy accessibility. Hospitality was done for the medical team and the patients. All the patients who underwent surgery restored their vision and conveyed thanks for the service.

Summer camp

Summer camp for tuition students was conducted in RPI from May 6th to May 11th. Every day more than 150 students from 8 villages attended the camp. The camp included arts and crafts, drawing, dance, games, storytelling and elocution competitions. Students enjoyed the camp with fun activities. They presented their cultural performances on the final day. Every year, RPI is conducting this camp for the village students. They are interested to participate in this camp every year. This brings unity among the students from different villages, communities and religious back grounds. It helps to identify and bring out the hidden skills of the students.

Medical camp

General Medical camp for adolescents was conducted in RPI on 8.5.19. The medical team from the FPAI Madurai treated the participants for their illness and also gave iron, calcium and nutrition supplements. They were counselled and treated for their needs. Another medical camp was jointly conducted with the government health team in Edayapatti. Totally 620 members benefited through these 2 camps.

Nutrition awareness camp



National nutrition week program was conducted in Dhottapanayakkanur. ICDS, the health dept and RPI jointly organized this program. More than 100 women, anc, pnc and adolescent participate in the program. A nutrition exhibition was displayed and explained. A quiz related to nutrition and health was conducted, healthy babies were selected and prizes distributed to them. Finally, a rally was conducted through the street to bring awareness to the

community about the importance of nutrition.

Adolescent HB camp

Haemoglobin test camp for adolescent girls was conducted in MV school. 115 girls were tested and most of the girls were in 8 to 9 grams only. They were counselled on health and hygiene and the importance of haemoglobin was explained. Nutrition counselling was given and many were treated for the low HB level. The needed girls were referred to the hospital.



Cervical cancer camp

Cervical cancer screening camp for women was conducted at the RPI campus on 23.11.19. RPI organised this program and mobilized the women from 16 villages. All the MV school and RPI staff did the ground work and identify the needy women and referred to the camp. Totally 111 women benefited from this camp. The medical team has come from Madurai FPAI. All the participants were counselled and complaints diagnosed. Based on the assessment, 70 women underwent examination for cervical cancer and 2 found positive. The 2 positive cases were referred to Usilampatti Government hospital for confirmation test. 10 women treated for sexually transmitted infection, 31 for reproductive tract infection, 4 for urinary tract infection and 40 for general issues like cold, cough and fever. Treatment and counselling given to all the participants.

Training and Meetings

ICDS training

Child development program officer invited RPI to conduct training program for anganwadi workers in ICDS. More than 100 new workers participated in the session. Topics discussed in the meeting included the following: Roles and responsibilities of anganwadi workers; how they have to handle the community; how to overcome the difficulties in the work and community; services of RPI; confidentiality maintaining; outcome of each activities; anc, pnc, underweight care; adolescent care; early marriage issues; contraception; HIV .

Parents' meeting



Two Parents meetings of Mountain View school students were conducted this year. All the parents of LKG, UKG and primary class students attended the meetings. The progress of the students was shared with the parents. Parents were requested to maintain clean uniform and nutritious foods and snacks to the students. The fees committee order was shared with the parents. Correspondent conveyed the message to the parents that we are here to provide best education to the student.

Staff meeting

RPI staff meetings were conducted on a regular basis. Tuition and anganwadi teachers attended the meetings with their records. The strength and performance of tuition and anganwadis was discussed. The program plans and the outcome of the programs was also discussed. The regular monitoring of under weight kids in anganwadi is important and the steps taken for the improvement was discussed. The needs of the tuitions were addressed.

Year- end staff meeting conducted in office. All the school and office staff attend the meeting. The activities of the whole year displayed and discussed with the staff. Appreciation was show to the staff for their work. Discussed about the improvement and extension of the programs. Displayed the photos of awareness programs, camps tuitions, anganwadis, sports day, annual day and the celebrations. Appreciate and encourage the staff for the good work.

Education & Nutrition support

Tuitions and Anganwadies

- Through the 6 free tuition centres more than 320 students benefited. The students going to government school have no chance to go to private tuitions due to their poor back ground. RPI provides support for those students through providing free education and stationery materials, which helps them to continue their studies without dropping out.
- Through 6 anganwadi centres, 90 children are utilizing the services of RPI. The volunteers of RPI visiting the centres and teach them with fun learning materials.

Nutrition support

Under-weight children in the anganwadis were identified and nutrition support was given. 4 children were found to be underweight and ghee, dates and bananas were regularly given to them. They are gradually gaining weight.

Education support & materials distribution



- Education support material for the tuition students was distributed in all the centres. 320 students in 6 tuitions benefited from this. It helps them to continue their education. The materials are sponsored by the LINC company is very much useful to the students from underprivileged backgrounds.

- 10 Mountain View school students benefited from the sponsorship and the subsidy given by RPI. It helps them to continue the good education in an English medium school and to continue their studies.
- Eleven students were admitted under RTE for this academic year. Totally 19 students are studying under RTE.

Events

Student education tour

Primary class students of MV school were taken to the Keeladi archaeological exhibition in Madurai Tamil Sangam. The culture of Tamil people before 3000 years was explained through the exhibited materials. Students observed with interest the ancient civilization of Tamil. They were also taken to the Gandhi museum and eco park. They learned the history of freedom fighters in museum and enjoyed playing in park.

Staff excursion

RPI and Mountain view school staff were taken to the excursion to Suruli falls and Vaigai dam. Transport and hospitality were provided by RPI. Staff enjoyed the full day excursion.

Sports day

This was conducted on 8.5.19 in Mountain View school. All the students participated in various sports. Teachers and staff also actively participated in the sports activities. It encouraged the student and made a healthy competition among them. Appreciation prizes were given to the winners.

Annual Day

The third Annual day of Mountain View Nursery and Primary School was conducted on 30.5.19. DR. Deisy, Mr.Abel Moorthy and Mr. Rajiv Jeyabalan came as chief guests. The correspondent and education advisor presided on the stage. Prizes were given to the academic rank holders and sports winners. Parents and participants enjoyed the cultural performance of the students.

Celebrations

- Mountain View Nursery and Primary School celebrated Children's day, the birthday of Jawaharlal Nehru, Gandhi Jayanthi and the birthday of Kamarajar with students and staff. These celebrations help the student to know about the services done by the leaders to the community.
- Republic day and Independence were celebrated in MV school with students and staff.
- Diwali, Pongal, Christmas & New year are also celebrated in RPI every year. In celebrations, RPI is encouraging the staff with dresses, sweets and bonus to all the staff.

Referral services

- Referred 5 persons for TB test in Dhottappanayakkanur and 3 of them found sputum positive and started treatment.
- Two drug addicted persons were counselled and referred for treatment in Usilampatty Govt hospital.
- Referred 4 students for the free BSC nursing degree course in Madurai.
- Two girls were referred for two-wheeler driving license and they got the license.

Visits and feedbacks

- Health inspectors and Medical officers visited the school for inspection and certified that the cleanliness of school and environment is of a high standard.
- Inspectors from Fire department inspected the safety measures of the school and certified the school has taken all the safety steps.
- Thasildhar of Usilampatti block inspected and provide license to the school.
- The education officers (DEO, BEO) appreciated the good infrastructure, Eco friendly environment and qualified teachers. The Mountain view school is one of the few schools following all the procedures given by education department.
- Child development officers visited the school and were highly impressed. They adopted the fun learning materials which RPI provides for the anganwadis where they work, to distribute to other anganwadis.
- Visitors from Romania, America and the UK visited MV school on 16.7.19 and 22.7.19. and were highly impressed with their interaction with the students and staff.
- The Correspondents and Chairman of other schools and colleges appreciated our school and said the rural children are getting good English education.

Impact of programs

- The health seeking behaviour of women and adolescent girls improved due to the health awareness programmes. Awareness on ANC/PNC care and contraceptive methods improved. They start going for health check-ups and haemoglobin monitoring. Adolescent girls start following a nutritious diet due to nutrition awareness programs. Response and awareness of parents on child care & child protection improved due to the child protection programs.
- HIV & TB awareness reached to the public and college students. They are voluntarily coming for check-ups and investigations. Identified TB patients were started and following the treatment. Awareness on prevention helps to reduce the new infections in the community.

- Drug awareness helps to prevent the students and public from addiction. The causes of drug intake and the effects on the physical, mental and social were reached deeply to the participants. The addicted persons were referred to the hospitals for treatment.
- The medical camp and HB camp helps to monitor the health condition and HB level of the adolescents. The needed persons were referred for treatment and counselling.
- Through the eye camp 121 persons with eye defects were diagnosed and treated. 14 persons underwent cataract surgery and restored their eye sight. 18 gained clear vision by eye glasses.
- Through cervical cancer camp 111 women benefited. 70 underwent via/veli screening and 2 were found positive and referred for treatment. 45 women were treated and counselled for reproductive tract infection, sexually transmitted infection and urinary tract infection.
- Tuition and anganwadi programs help to improve the education and health of the students. 320 students benefited through 6 free tuition centres. The free education support materials help the students to continue their studies with out dropout. 90 students in 6 anganwadi centres are receiving fun learning and nutrition support. The underweight kids in angawadis gained weight through the nutritional support.
- Summer camp for the tuition students helps to bring out their hidden skills and creativity. 150 students from different villages, communities and religions attended the camp which helps them to form inter-community friendships. It brings unity among them.
- Mountain View Nursery and Primary school is educating the underprivileged village children with high standards. The quality of education, infrastructure, cleanliness and care of the students gained the confidence of the parents. Because of that, every year the student enrolment is rising. The subsidy and sponsorship program helps the poorest students to continue the education.